



# Depend Sizing Chart



## Depend Underwear for Men



Depend® for Men Maximum Incontinence Underwear is now more flexible to move with you\* so you can reclaim, rediscover and reconnect with the parts of your life you enjoy.



**26-34** Pant Size  
**35-43** Pant Size  
**44-54** Pant Size  
**55-64"** Pant Size

- More sizes for better comfort and **NEW** softer fabric.
- Protection so comfortable it feels designed for you.
- **NEW** Dry Shield Technology locks in wetness for all day comfort.
- Underwear-like waistband and brief-like openings.
- Neutral grey color.

## Depend Night Defense Underwear Men



Depend® Night Defense Overnight Incontinence Underwear for Men feature odor control and soft, flexible fabric for Your Best Comfort and Protection Guaranteed.



**26-34** Pant Size  
**31-37"** Waist  
**35-43** Pant Size  
**38-44"** Waist  
**44-64** Pant Size  
**45-64"** Waist

- Our fastest absorbing material.
- Specifically designed for nighttime use.
- Overnight absorbency with Confidence Core technology for fast absorption; up to 12 hours of protection.
- Grey color.

## Depend Real Fit Underwear Men

Depend Real Fit® Incontinence Underwear with maximum absorbency provides the same trusted protection, now with improved quality and fit.



**28-40"** Waist  
**115-190 lbs** Weight  
**34-46"** Hips  
**38-50"** Waist  
**170-260 lbs** Weight  
**44-54"** Hips

K-C Code/ Package Case pack (# per case/ Pack

- Bold, masculine, design for a smooth, sleek fit.
- **NEW:** Softer materials for a more underwear-like experience.
- **NEW:** More comfortable fit between the legs.
- In an exclusive range of underwear colors with maximum absorbency.

## Depend Protection with Tabs



**19-34"** Waist  
**Under 170 lbs** Weight  
**26-41"** Hips  
**35-49"** Waist  
**Over 170 lbs** Weight  
**42-54"** Hips

### Depend® Protection with Tabs Briefs

- 3 adhesive tabs on each hip for a custom fit.
- Wetness indicator line so you know when to change.
- Polyester outer cover for extra protection.



# Depend Sizing Chart



## Depend Underwear for Women



Enjoy each moment again in the new and improved Depend® for Women Underwear designed to fit the shape of a woman.

<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>
24-30" Waist	31-37" Waist	38-44" Waist	45-54" Waist	55-64" Waist
00-8 Pant Size	8-16 Pant Size	16-20 Pant Size	20W+ Pant Size	20W+ Pant Size

- More sizes for better comfort and **NEW** softer fabric.
- Protection so comfortable it feels designed for you.
- **NEW** Dry Shield Technology locks in wetness for all day comfort.
- **NEW** printed waistband and oval-cut leg openings.
- **NEW** Blush color; Maximum absorbency.
- **NEW** XXL size to deliver a more comfortable experience & a better fit.

## Depend Silhouette Underwear Women

Depend Silhouette® Incontinence underwear with maximum absorbency have an improved, sleek fit to make you feel pretty & protected.

<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
26-34" Waist	32-42" Waist	40-52" Waist	50-60" Waist
100-160 lbs Weight	130-200 lbs Weight	170-260 lbs Weight	240-370 lbs Weight
2-12 Pant Size	12-18 W Pant Size	18-28 W Pant Size	28 W+ Pant Size

- Expression Collection includes, Berry and Purple colored underwear, identified as "Multi" below.
- Introducing more sizes for better comfort and **NEW** softer fabric.
- A more underwear-like experience: softer materials and close-to-body style for a discreet look with smooth fit across from and around the legs.
- Maximum absorbency.

## Depend Night Defense Underwear Women



Depend® Night Defense Overnight Incontinence Underwear for Women feature odor control and soft, flexible fabric for Your Best Comfort and Protection Guaranteed.

<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>
24-30" Waist	31-37" Waist	38-44" Waist	45-64" Waist
00-8 Pant Size	8-16 Pant Size	16-20 Pant Size	20W+ Pant Size

- Specifically designed for nighttime use.
- Our fastest absorbing material.
- Overnight absorbency with Confidence Core technology for fast absorption; up to 12 hours of protection.
- New Blush color.

## Depend Protection with Tabs



<b>S/M</b>	<b>L</b>
19-34" Waist	35-49" Waist
Under 170 lbs Weight	Over 170 lbs Weight
26-41" Hips	42-54" Hips

### Depend® Protection with Tabs Briefs

- 3 adhesive tabs on each hip for a custom fit.
- Wetness indicator line so you know when to change.
- Polyester outer cover for extra protection.



# Poise Sizing Chart



## Poise Incontinence Liners

Poise Daily Incontinence Pantliners are specifically designed for lighter bladder leaks and offer Up to 100% Clean Dry Fresh Protection to keep you feeling fresh and comfortable. Incredibly absorbent and incredibly thin, they offer discreet Light Bladder Leakage (LBL) protection with a CleanFresh™ Layer that quickly absorbs wetness and odor to keep you feeling fresh and dry.



- Microliners & Daily Liners**
- LIGHTEST 1 DRIPS
  - VERY LIGHT 2 SPURTS

## Poise Ultra-Thin Pads

Poise Ultra Thin pads are specifically designed for light bladder leaks. It is designed to be thin and flex with your body.

- Thin-Flex® technology is up to 40% thinner than Poise® Pads
- Up to 100% Clean Dry Fresh Protection
- Stays 10X Drier than the leading Period pad



- LIGHT 3 BURSTS
- MODERATE 4 SURGES
- MAXIMUM 5 STREAMS
- ULTIMATE 6 GUSHES

## Poise Incontinence Pads

With up to 100% Clean Dry Fresh Protection, Poise Incontinence pads softly curve in the middle to give you the confidence and protection you need for light to heavy bladder leakage protection:



- CONTOURFIT Designed, softly to curve with your body. Wider in front and back for coverage and protection
- 10X Drier than the leading period pad
- Absorbloc® core quickly locks away odor and wetness

- LIGHT 3 BURSTS
- MODERATE 4 SURGES
- MAXIMUM 5 STREAMS
- ULTIMATE 6 GUSHES
- ULTRA 7 ALL DAY
- OVERNIGHT 8 ALL NIGHT



**NOT ALL ABSORBENTS ARE CREATED EQUAL.**  
A light incontinence pad is more absorbent than an overnight Maxi pad, and half as thick.

	PERIOD PADS	POISE® PROTECTION
Absorption	Not designed for the flow or size or urine leaks.	Made of super absorbent materials that can absorb up to 30-50 times their weight.
Odor Control	May not be able to control odor, especially with larger leaks.	Help to trap and lock in odors.
Skin Protection	May not absorb larger leaks, which can irritate your skin.	Which away urine and lock it into a gel to protect skin.

**DISCOVER YOUR PERFECT PROTECTION.**  
Feel confident all day with an incredible fit and protection you can trust. Choose the Poise® that's right for YOU.